

SUPPORT ESSENTIALS

USING ESSENTIAL OILS IN YOUR NEURODIVERSE HOME



Elevation

Joyful Blend

SUPPORT CATEGORIES:

(See Key at Bottom of Page)



*Available in a 15ml
bottle with dripolator*

INGREDIENTS: *Lavandin Flower, Tangerine Peel, Lavender Flower, Amyris Bark, Clary Sage Flower/Leaf, Hawaiian Sandalwood Wood, Ylang Ylang Flower, Ho Wood Leaf, Osmanthus Flower, Lemon Myrtle Leaf, and Melissa Flower/Leaf essential oils.*

AROMATIC DESCRIPTION: *Floral, sweet, citrus*

Sometimes our neurodiverse kids get a little down on themselves. Elevation is the perfect blend for those moments when you need to be revitalised. DoTERRA have named Elevation their 'Joyful Blend' because it provides an invigorating combination of essential oils that creates an uplifting aroma.

Diffuse Elevation to promote feelings of self-worth while also helping to lessen restless feelings. Diffusing in the mornings before waking kids can create a positive and energised environment.

THE ESSENTIAL OIL SUPPORT CATEGORIES FOR NEURODIVERSITY



**CALMING &
GROUNDING**



**REST &
RELAXATION**



**MOOD
MANAGEMENT**



**STAYING
FOCUSSED**