

SUPPORT ESSENTIALS

USING ESSENTIAL OILS IN YOUR NEURODIVERSE HOME



Balance

Grounding Blend

SUPPORT CATEGORIES:

(See Key at Bottom of Page)



*Available in a 15ml
bottle with dripolator*

INGREDIENTS: *Fractionated Coconut Oil, Spruce Leaf, Ho Wood Leaf, Frankincense Resin, Blue Tansy Flower, Blue Chamomile Flower, and Osmanthus Flower essential oils.*

AROMATIC DESCRIPTION: *Airy, fresh, sweet, woody*

The warm, woody aroma of dōTERRA Balance creates a sense of calm and relaxation. This perfectly blended essential oil blend has an enticing fragrance that promotes tranquility and relaxation. It can provide a sense of calmness, while providing a grounding, balancing effect on emotions.

Apply Balance to your child's wrists or neck each morning to support their morning routine and promote feelings of calmness and tranquility throughout the day. Diffuse in the car on the way to or from school to calm, ground, and reduce feelings of unease.

THE ESSENTIAL OIL SUPPORT CATEGORIES FOR NEURODIVERSITY

C CALMING &
GROUNDING

R REST &
RELAXATION

M MOOD
MANAGEMENT

F STAYING
FOCUSED