

SUPPORT ESSENTIALS

USING ESSENTIAL OILS IN YOUR NEURODIVERSE HOME



Console

Comforting Blend

SUPPORT CATEGORIES:

(See Key at Bottom of Page)



Available in a 5ml bottle with dripolator or a diluted 10ml 'Touch' roller bottle

INGREDIENTS: *Frankincense Resin, Patchouli Leaf, Ylang Ylang Flower, Labdanum stem/ Twig, Amyris Bark, Sandalwood Wood, Rose Flower, and Osmanthus Flower essential oils.*

AROMATIC DESCRIPTION: *Sweet, musky, floral*

You will experience more than your fair-share of worry and frustration in your neurodiverse home. When you or your child is unsettled or having a rough time, dōTERRA's Console Blend of floral and tree essential oils provides a comforting aroma to promote feelings of comfort and hope.

- During times of upset, apply diluted to the heart or bottom of feet.
- Apply to a sachet and place in drawers or closets to give clothes a comforting aroma.
- Keep doTERRA's Console TOUCH roll-on in your purse or pocket and inhale or apply to the wrists when feeling sad or unsettled.

THE ESSENTIAL OIL SUPPORT CATEGORIES FOR NEURODIVERSITY

C CALMING & GROUNDING

R REST & RELAXATION

M MOOD MANAGEMENT

F STAYING FOCUSED